

## Laundry

Wednesday, 08 October 2008

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How long do you wear clothes for before you wash them?

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Which clothes really need ironing?

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Run your washing machine at the rated load specified in the manual.

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Experiment with different washing powders to see if you can wash some types of load at lower temperatures.

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Tumble dryers are real energy monsters &ndash; only use them as a last resort! Make the effort to use the clothes line or rack.

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Turn the iron off before you iron the last shirt &ndash; there&rsquo;ll be enough heat left to iron it for free.