

## Lighting

Wednesday, 24 September 2008

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### Immediate actions - no cost

- Turn lights off when you leave a room &ndash; are you really going to be back soon?
- Use local &ldquo;work&rdquo; lights for activities that need bright light &ndash; don&rsquo;t heat the rest of the room

### Small changes &ndash; medium cost

- Fit low energy bulbs
- Increase the brightness of lights by getting rid of lampshades that shade too much of the light
- Painting your room a brighter colour will make the room brighter!

- Is the room brighter than you would like? &ndash; fit a lower power bulb.